Reduced injection site pain with succinate buffer based Adalimumab biosimilar injection (SUFFER Study): An observational study

Mihir Gharia, Sudhakar A
Zydus Biovation, Zydus Cadila Healthcare Ltd.

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Background/Purpose & Methods

- Pain due to subcutaneous injections often leads to patient incompliance. Since citrate buffer based formulations have been associated with pain and discomfort at injection site, hence we wanted to evaluate the pain associated with adalimumab biosimilar (Exemptia), which was formulated using succinate buffer.
- We conducted a prospective questionnaire based study in patients (N=500) treated with adalimumab (Exemptia) injection for rheumatological conditions.
- Aged 18 & above of either sex suffering from rheumatoid arthritis (RA), ankylosing spondylitis (AS) and psoriatic arthritis (PsA).
- Primary objective is pain at the site within 24 hour of injection. Pain was assessed using the verbal pain intensity scale (National Initiative on Pain Control).
Result

![Bar Graph: Verbal pain intensity scale]

**Figure 1:** Distribution of patients according to verbal pain intensity
Result

- Patients in this study were aged between 18 and 65 years (mean 40.16±13.87 years); with Male=357 and Females=119.

- We assessed the pain following the use of succinate buffer injection of adalimumab injection in 476 (24 excluded) patients with rheumatoid arthritis (RA; N=93), ankylosing spondylitis (AS; N=360) and psoriatic arthritis (N=23).

- Majority of the patients (83.12%) reported ‘no pain’ (figure 1). On the verbal pain intensity scale, more than 90% of the patients reported ‘mild pain’ or less.

- None of the patients reported ‘extreme pain’ or ‘worst possible pain’. One patient with ankylosing spondylitis reported ‘severe pain’.
Conclusion

- Use of succinate buffer adalimumab (ExemptiaTM) injection was associated with no pain or mild pain. The outcome of this pilot study needs to be confirmed with a larger control-group trial.
**Abridged Prescribing Information**

**COMPOSITION:** Exemptia™ (Adalimumab) 40 mg /0.8 mL single use pre filled syringe and 20mg /0.4 mL single use pre filled syringe

**DESCRIPTION:** EXEMPIATM (Adalimumab) is a recombinant human IgG1 monoclonal antibody specific for human tumor necrosis factor (TNF-α). EXEMPIATM is supplied as a sterile, preservative-free solution of Adalimumab for subcutaneous administration. The solution of EXEMPIATM is clear and colorless.

**MECHANISM OF ACTION:** Adalimumab binds specifically to TNF-alpha and blocks its interaction with the p55 and p75 cell surface TNF-α receptors. Adalimumab also lysed surface TNF expressing cells in vitro in the presence of complement. Elevated levels of TNF-α is found in the synovial fluid of rheumatoid arthritis, psoriatic arthritis, and ankylosing spondylitis patients and play an important role in both the pathologic inflammation and the joint destruction that are hallmarks of these diseases.

**INDICATIONS & DOSAGE:** Rheumatoid Arthritis, Psoriatic Arthritis, and Ankylosing Spondylitis: The recommended dose of EXEMPIATM for adult patients with rheumatoid arthritis (RA), psoriatic arthritis (PsA), or ankylosing spondylitis (AS) is 40 mg subcutaneously administered every other week. Methotrexate (MTX), other non-biologic DMARDs, glucocorticoids, nonsteroidal anti-inflammatory drugs (NSAIDs), and/or analgesics may be continued during treatment with EXEMPIATM. Juvenile Idiopathic Arthritis: Exemptia™ dosing in JIA is based on weight; for 10 kg (22 lbs) to <15 kg (33 lbs): 10 mg s.c. every other week. For 15 kg (33 lbs) to < 30 kg (66 lbs): 20 mg s.c. every other week and for ≥ 30 kg (66 lbs): 40 mg s.c. every other week. Plaque Psoriasis or Non-Infectious Uveitis: Initial dose of 80 mg, followed by 40 mg every other week starting from week one after initial dose. Hidradenitis Suppurativa: 160 mg (Day 1) (four 40 mg injections in one day or two 40 mg injections per day for two consecutive days), followed by 80 mg two weeks later (Day 15). Two weeks later (Day 29) begin a maintenance dose of 40 mg every other week. Adult Crohn’s Disease and Ulcerative Colitis: Initial dose (Day 1): 160 mg s.c. (four 40 mg injections in one day or two 40 mg injections per day for two consecutive days). Second dose two weeks later (Day 15): 80 mg. Two weeks later (Day 29): Begin a maintenance dose of 40 mg s.c. every other week. Pediatric Crohn’s Disease: For weight 17 kg (37 lbs) to < 40 kg (88 lbs): Initial dose (Day 1): 80 mg s.c. (two 40 mg injections in one day). Second dose two weeks later (Day 15): 40 mg s.c.. Two weeks later (Day 29): Begin a maintenance dose of 20 mg s.c. every other week. For ≥ 40 kg (88 lbs): Initial dose (Day 1): 160 mg s.c. (four 40 mg injections in one day or two 40 mg injections per day for two consecutive days). Second dose two weeks later (Day 15): 80 mg s.c. (two 40 mg injections in one day). Two weeks later (Day 29): Begin a maintenance dose of 40 mg s.c. every other week.

**CONTRAINDICATIONS:** Hypersensitivity to the active substance or to any of the excipients, Moderate to severe heart failure, Active tuberculosis or other severe infections such as sepsis and opportunistic infections. SPECIAL WARNINGS AND PRECAUTIONS: Serious and fungal infections: Do not start EXEMPIATM during an active infection. If an infection develops, monitor carefully, and stop EXEMPIATM if infection becomes serious. Anaphylaxis or serious allergic reactions may occur. Hepatitis B virus reactivation: Monitor HBV carriers during and several months after therapy. If reactivation occurs, stop EXEMPIATM and begin antiviral therapy. Demyelinating disease: Exacerbation or new onset, may occur. Heart failure: Worsening or new onset, may occur. Lupus-like syndrome: Stop EXEMPIATM if syndrome develops.

**USE IN PREGNANCY AND LACTATION:** Pregnancy Category B: Adequate and well controlled studies with EXEMPIATM have not been conducted in pregnant women. Adalimumab is an IgG1 monoclonal antibody and IgG1 is actively transferred across the placenta during the third trimester of pregnancy. Lactation: No data is available on the absorption of adalimumab from breast milk in newborn or preterm infants. Caution should be exercised when EXEMPIATM is administered to a nursing woman.

**DRUG INTERACTION:** Biological Products- Concomitant administration of EXEMPIATM with other biologic DMARDs (e.g., Anakinra and Abatacept) or other TNF blockers is not recommended. Live Vaccines- Avoid the use of live vaccines with EXEMPIATM. Cytochrome P450 Substrates- The formation of CYP450 enzymes may be suppressed by increased levels of cytokines (e.g., TNFα, IL-6) during chronic inflammation. Upon initiation or discontinuation of EXEMPIATM in patients being treated with CYP450 substrates with a narrow therapeutic index, monitoring of the effect (e.g., Warfarin) or drug concentration (e.g., Cyclosporine or Theophylline) is recommended and the individual dose of the drug product may be adjusted as needed.

**UNDESIRED EFFECTS:** The most serious adverse reactions include the following: Serious Infections- Tuberculosis and Opportunistic Infections Malignancies. The Clinical experience has reported Upper Respiratory Tract Infection (URTI), Hypercholesterolemia, Hematuria, Hypertension, Increased alkaline phosphatase as common side effects.

**STORAGE CONDITION:** Store between + 2 °C and + 8 °C, in the carton to protect from light. Do not freeze Exemptia™. Do not use Exemptia™ if frozen, even if it has been thawed. Keep out of reach of children.

**PRESENTATION:** a) Injection: 40 mg/0.8 mL in a single-use prefilled syringe b) Injection: 20 mg/0.4 mL in a single-use prefilled syringe.

Please refer to the full Prescribing Information before starting EXEMPIATM.
Please consult full Prescribing Information before prescribing.

Zydus Cadila does not recommend the use of any product in any different manner than as described in the prescribing information.

Further information is available on request from:

Cadila Healthcare Limited
  Zydus Corporate Park
  Nr. Vaishno Devi Circle,
  SG Highway,
  Ahmedabad – 382 481
  Gujarat, India.
  PHONE: +91-79-71800000

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